

CREATING

POWER

GOALS

WORKSHEET

How to create a roadmap to
achieve the greatness you deserve.

CREATING POWERFUL GOALS

WORKSHEET

Use this worksheet to help you create an action plan for your success, with SMART long term and short term goals. Feel free to print additional copies of the worksheets when necessary.

What are my overall life goals?

Family:

Career:

Financial:

Personal:

Health:

Spiritual:

Other:

MY LONG TERM GOALS

Now develop these dreams into **SMART** Long Term Goals. *Ensure each one is:*

Specific

Measurable

Attainable

Realistic

Timely

	What is my long-term goal?	Why is it important to me?	What might get in my way?	What actions do I need to take?	What is my start and end date?
1					
2					
3					
4					
5					
6					
7					

CREATING “MINI GOALS” GUIDE

Take one of your *long term goals* and divide it up into *mini goals*. Use as many goals as you need to divide it into small, easily attainable action steps for your roadmap.

Review the timelines for your *mini goals* and adjust your *completion date* on your long term goal worksheet.

Ensure each goal is:

Specific Measurable Attainable Realistic Timely

EXAMPLE MINI GOAL WORKSHEET

My Long-Term Goal Is:

I will generate \$100,000 in yearly income within 5 years by studying to become an accountant and starting my own income tax firm.

My “Mini Goal” Action Step Is:	Start Date:	End Date:
Enroll in the “Income Tax 101” night course at Centennial College.	Aug. 19, 2009	Dec. 16, 2009
⋮	⋮	⋮
Complete the paperwork to incorporate my business	Apr. 5, 2011	Apr. 9, 2011

MY VISUAL ROADMAP

Use this worksheet to create a visual roadmap of your mini-goals toward the completion of your long-term goal.

My Long-Term Goal Is: _____

